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We'd like your input for the newsletter! Please send related news articles, book reviews, recipes, etc to carolyn@johnsonsbackyardgarden.com

We're on MySpace, be our friend!

1) In Your Box this Week

Early Girl Tomatoes Sun Gold Cherry Tomatoes Zucchini Patty Pan Squash Zephyr Squash Yellow Straight Neck Squash Cucumbers Sweet Peppers Ichiban Eggplant Basil Onions Okra Butternut Squash Red Lasoda Potatoes Zinnia or Sunflower bouquets – look for these in a bucket at your pickup site.

As the unexpected never fails to happen, keep in mind that this list is subject to change depending on availability and quality of crops on harvest day. You'll find the most accurate packing list on the homepage of our <u>website</u>.

2) Farm News

- Sunday June 15, 8am to noon, will be Pick-Your-Own Tomato Day at the farm! Bring the whole family, spend a morning in the fields, then go home and make marinara sauce, pizza, salsa, gazpacho.... Tomatoes will be \$2 per pound, with a 10% discount for current CSA members. Please bring your own bags or boxes.
- Our **Farmstand** opened this past Saturday, it was great to bring some new folks out to the farm. Come see us this **Saturday**, **9am to 1pm**, in our pecan orchard. We'll have lots of veggies, free-range eggs, goat's milk soap, and organic coffee. Use the driveway at the very end of Hergotz lane, and park off to the right side after the second fence.
- We were recently <u>featured</u> on News 8's "Summer in the City" series
- We've donated over 1,000 pounds of fresh produce to Salvation Army!
- Brenton is looking into doubling the size of the farm...nothing for sure yet but it's in the works.

3) June 18th – Pickup Site Opens in Round Rock

We are set to start a new Wednesday CSA pickup site in Round Rock on **June 18th**. Please let us know (email <u>farm@johnsonsbackyardgarden.com</u>) if you'd like to switch your pickup to this location, and tell your friends in Round Rock to sign up! Pickup will be 2pm to 7pm in the Tiny Birds Organics store at the corner of Sam Bass

and Meadows Drive.

4) Intern Trivia!



There are now seven interns on the farm – can you match the random fact with the corresponding intern?

Interns (listed in the order pictured): Sarah, Natalie, Jeff, Caleb, Carrie, Will, Carolyn

- 1. Favorite vegetable is the cucumber
- 2. Certified EMT
- 3. In charge of crop irrigation
- 4. Has six physics publications
- 5. Trying to learn to play the banjo...
- 6. Spends most of her time in the office surrounded by tomatoes
- 7. Summited a mountain over 20,000 feet (and has been nude on the top of every mountain she's summited!)
- 8. Certified TNLA Nursery Professional (that's plants, not babies)
- 9. From Washington D.C.
- 10. Wants to go into the Peace Corps

- 11. Will graduate from Texas A&M in August
- 12. West African dancer
- 13. Spent five months in Peru
- 14. Lifelong vegetarian
- 15. Saves gas by never driving her car named "Pearl" over 2,000 rpms
- 16. Ran a marathon in North Carolina
- 17. Juggles
- 18. Oldest intern
- 19. Can solve a Rubix cube really fast
- 20. Has a pair of Converse All-Stars that have walked on four continents
- 21. Ferrier

Answers: Caleb – 3, 10, 19; Carolyn – 5, 12, 15; Carrie – 6, 9, 18; Jeff – 1, 8, 11; Natalie – 4, 17, 20; Sarah – 7, 13, 16; Will – 2, 14, 21





5) Farm Art



Drawing by intern Natalie Wolchover

We want your farm art too! Remember the deadline for submitting a logo or t-shirt design is June 15th. The winner(s) will receive a 4-week CSA membership! Submit your design by email (<u>carolyn@johnsonsbackyardgarden.com</u>), snail mail, or in person. Winner(s) will be chosen by the JBG team, or perhaps we'll put it to a vote through the newsletter.

6) Vegetable Storage Tips

We aim to grow and package our vegetables to maintain the highest taste and nutritional quality possible. However, once they've left the farm it's up to you to keep them fresh and nutritious. There's no refrigeration at the CSA drop points so it's good to pick up your box as early as possible. Here are some additional tips on how to store this week's share:

Fridge

- Peppers and Cucumbers should be stored in the crisper, and washed in cold water before use.
- Zucchini and other Summer Squash will last 4-7 days in plastic bags in the crisper.

Counter

- **Basil** can be stored upright in a jar of water at room temperature, or in an open bag on the counter.
- Eggplant, Onions, Potatoes and Butternut Squash are best kept moderately cool, no lower than 50 degrees. A cool, dry dark place is best- on the counter, in a cupboard or basket. Eggplant are delicate and do not store well, so try to use them within a few days.
- **Tomatoes** should be kept at room temperature, but can be refrigerated if very ripe. Leaving them in the paper bag will help them ripen quickly.
- Zinnias and Sunflowers should be put in a clean vase of warm water. Cut the stems first under running water. Change the water daily and store in the refrigerator at night to extend freshness even longer.

Checkout our <u>storage tips</u> on our website for a more complete guide, and of course feel free to contact us with any questions.

8) Recipes

Roasted Zucchini and Tomatoes

From CSA member Margi Tenney

Several zucchinis, about 5 or 6, cut into 1 inch rounds 5 or 6 plum tomatoes, seeded & quartered.

Put in a bowl and toss with about 3 TBS olive oil & 2 TBS balsamic vinegar. Add salt & pepper and some chopped fresh oregano.

Spread out on baking sheet and roast in a 450F oven (stir once or twice) for about 30 minutes or until zuchs are browned.

Scrape into bowl and sprinkle with crumbled goat cheese.

You can substitute different squash or eggplant and it's also really good with feta cheese.

Roasted Squash Delight

From CSA member Laura Hon

"I do this with other veggies too, like broccoli or cauliflower but recently tried it with all this squash and zucchini that we've been getting and it turned out great!"

Ingredients: Squash cut into pieces Bragg's Liquid Aminos Olive Oil Parmesan cheese Seasoned bread crumbs (or cracker crumbs)

Cut squash (or other veggie) into half lengthwise and then chop into slices (2 pieces per slice).

Take plastic bag, fill with the squash pieces, pour in 2-3 Tablespoons olive oil (amount will vary with amount of squash=enough to coat squash pieces) and 2-3 Tablespoons Bragg's Liquid Aminos (or soy or Worcestershire sauce or just salt – again, amount will vary with amount of squash) and then shake well. Then add the powdered Parmesan cheese and the seasoned bread crumbs. Twist bag at top so there's plenty of air trapped in and shake vigorously until all squash pieces are coated well.

Empty all contents of bag into a baking pan and bake at 450F until golden brown on top.

Brenton's Salsa!

3 tomatoes 1 small onion (cut in half) 1 clove of garlic 1-2 hot peppers Salt, a generous amount Freshly ground black pepper Fresh cilantro (optional) Canned chipotle – use one pepper and 1 t sauce

Roast the tomatoes, onion halves, peppers, garlic in the oven at 400F or on the stove in a griddle on high. Roast until black, about 10 minutes, turning after about 5 minutes.

Load the roasted veggies into a food processor along with the salt, pepper, cilantro and chipotle. Puree to desired consistency. Best enjoyed immediately, or it will keep for a day or two in the fridge.

Cold Tomato Soup

Natalie and Carolyn made this soup this past week from a conglomeration of recipes...

Several large tomatoes 1 cup yogurt 1 T honey Fresh Basil Fresh Cilantro Fresh grated ginger A pinch of Cinnamon A pinch of Cumin Salt Throw it all in the food processer and voila! Really tasty and refreshing, especially if cooled in the fridge.

We would love to share your recipes too! Please email your favorites to sarah@johnsonsbackyardgarden.com

9) Upcoming Events

Pick-Your-Own Tomatoes Day, Sunday June 15th 8am - Noon, at Johnson's Backyard Garden

June Fruit and Veggie Fest

The Sustainable Food Center is hosting special events every Saturday of June, 9am – 1pm, at the Austin Farmer's Market (Republic Square Park, 4th and Guadeloupe): June 14 – Fruit & Veggie Fest Taste of Summer Day June 21 – Tomato Me Crazy Day June 28 – Watermelon Festival

The Omnivore's Delight – Monthly Markey Day, June 22, 2pm – 4pm, at Home Sweet Farm in Brenham, TX

Blanco Lavender Festival – June 14th and 15th, 9am – 6pm

Tours of lavender farms, musics and other events

10) Subscribe/Unsubscribe To Newsletter

Forwarded from a friend? Sign up for your own copy <u>here</u>. To unsubscribe, click <u>here</u>.

11) Johnson's Backyard Garden Contact Information

Johnson's Backyard Garden 9515 Hergotz Lane, Box E Austin, Texas 78742

Office phone: (512) 386-5273 Office Hours : M-F, 8am – 12pm Farmstand Hours: Saturdays, 9am – 1pm e-mail: <u>farm@johnsonsbackyardgarden.com</u> website: <u>www.johnsonsbackyardgarden.com</u>